



COVID-19 Waiver and Release

I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing. I further acknowledge that the Boston Bulldogs Running Club (also referred to as "the Club") has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19.

I further acknowledge that the Boston Bulldogs Running Club cannot guarantee that I will not become infected with the Coronavirus/Covid-19.

I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others.

I voluntarily seek to participate in Boston Bulldogs Running Club activities and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while participating.

I attest that:

- * I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
- * I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.
- * I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities.
- * I am following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19.

I agree that:

- * If I am experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell or if I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19 or if I have been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities, I will not participate in any Boston Bulldog Running Club activities until I have been cleared as non-contagious by state or local public health authorities.



I hereby release and agree to hold the Boston Bulldogs Running Club harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of the Club, or that may otherwise arise in any way in connection with any activities offered by the Boston Bulldogs Running Club.

I understand that this release discharges the Boston Bulldogs Running Club from any liability or claim that I, my heirs, or any personal representatives may have against the Club with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any programs offered by the Boston Bulldogs Running Club.

Date:

Name: _____

Signature: _____